

סוג הבחינה: א. בגרות לבתי ספר על-יסודיים
ב. בגרות לנבחני משנה
ג. בגרות לנבחנים אקסטרניים
מועד הבחינה: קיץ תשע"ה, 2015
מספר השאלון: 403,016104

אנגלית

שאלון ג'

(MODULE C)

גרסה ב'

הוראות לנבחן

- א. משך הבחינה: שעה ורבע
- ב. מבנה השאלון ומפתח ההערכה: בשאלון זה פרק אחד: הבנת הנקרא – 100 נקודות
- ג. חומר עזר מותר בשימוש: מילון אנגלי-אנגלי-עברי
אז: מילון אנגלי-עברי / עברי-אנגלי
אז: מילון אנגלי-אנגלי-ערבי
אז: מילון אנגלי-ערבי / ערבי-אנגלי
- נבחן "עולה חדש" רשאי להשתמש ב במילון דו-לשוני: אנגלי-שפת-אמו / שפת-אמו-אנגלי. השימוש במילון אחר טעון אישור הפיקוח על הוראת האנגלית.
- ד. הוראות מיוחדות:
- (1) עליך לכתוב את כל תשובותיך בגוף השאלון (במקומות המיועדים לכך).
 - (2) כתוב את כל תשובותיך באנגלית ובעט בלבד. אסור להשתמש בטיפקס.
 - (3) בתום הבחינה החזר את השאלון למשגיח.

ההנחיות בשאלון זה מנוסחות בלשון זכר ומכוונות לנבחנות ולנבחנים כאחד.

בהצלחה!

המשך מעבר לדף

ACCESS TO INFORMATION FROM WRITTEN TEXTS (100 points)

فهم المقروء (100 درجة)
اقرأ القطعة التي أمامك، وأجب
عن الأسئلة 1-10.

הבנת הנקרא (100 נקודות)
קרא את הקטע שלפניך, וענה על
השאלות 1-10.

Read the article below and then answer questions 1-10.

COLORING ISN'T JUST FOR KIDS

When we think of coloring with crayons*, we often think of our childhood. As we get older, we stop coloring. However, it seems that this might be a mistake. Some psychologists believe that coloring can be helpful to us as adults.

"We use different areas of the brain when we color," says psychologist Gloria
5 Martinez. "When we choose colors, we use the areas that control logic and creativity. It's important for us to keep these areas active because we often have to use them in our everyday lives. Coloring helps us function better at home, at work or at school. It also improves our coordination as we have to make small, exact movements with our hands when we do it."

10 Martinez claims that coloring also helps us relax. "Coloring has a relaxing effect because when we focus on coloring a picture, we forget our worries. Although coloring an hour a day doesn't solve our problems, it takes us back to our childhood, a time when we probably had much less stress." She says that coloring especially benefits people who didn't color as children. "For these
15 people, coloring exercises their brains more than it does for people who colored as children."

Martinez recommends that we use coloring to express our feelings. "People choose different colors or intensity of colors according to their mood," she says. For instance, we often use bright red to express anger and dark blue to
20 express sadness. "I, myself," says Martinez, "often color to improve my mood. I work best when I am in a quiet environment, especially with relaxing music. Coloring comforts me, gives me peace, and lets me enjoy myself."

* coloring with crayons – לצבוע בעפרונות צבע

(שים לב: המשך הקטע בעמוד הבא.)

(انتبه: تكملة القطعة في الصفحة التالية.)

המשך בעמוד 3

4. PUT A ✓ BY THE TWO CORRECT ANSWERS. (lines 4-9)

What is the connection between coloring pictures and our everyday lives?

People who color (-).

- i) are more helpful
- ii) stay at home more
- iii) do their jobs better
- iv) work well with others
- v) have more creative jobs
- vi) develop better coordination

(2X9=18 points)

5. Give ONE way that coloring helps us relax (lines 10-16)

ANSWER:

.....

(9 points)

6. According to lines 10-16, why do some people exercise their brains more when coloring?

- i) They don't feel stress.
- ii) They are doing something they like to do.
- iii) They need to solve their problems.
- iv) They didn't color when they were children.

(9 points)

7. COMPLETE THE SENTENCE.

Why does Martinez mention the color dark blue? (lines 17-22)

To show that.....

.....

(10 points)

8. Give ONE way that coloring improves Martinez's mood? (lines 17-22)

ANSWER:

(9 points)

9. How do we know that coloring books are popular in Europe? (lines 23-27)

ANSWER:
.....

10. According to lines 23-29, the writer says that coloring is good for

adults because (-).

- i) it is popular today
- ii) adults like abstract drawings
- iii) it is fun to do
- iv) adults have a lot of free time